

## Validation Quotes

*We never know what strengths and revelations might be  
on the other side of our fears  
until we face them and feel them all the way through.  
True positive thinking is the mental stance of surrender,  
simply trusting the process.  
We learn to accept what is.*

Jacquelyn Small

*Let us endeavor to see things as they are  
and then inquire whether we ought to complain.  
Whether to see life as it is gives us much consolation,  
I do not know,  
but that which is drawn from the truth,  
if any there be, is solid and durable;  
that which may be derived from error must be like its original,  
fallacious and fugitive.*

Samuel Johnson

*Let me not pray to be sheltered from dangers,  
But to be fearless in facing them.  
Let me not beg for the stilling of my pain,  
But for the heart to conquer it.  
Let me not look for allies in life's battlefields,  
But to my own strength.  
Let me not crave in anxious fear to be saved,  
But hope for the patience to win my freedom.  
Grant me that I may not be a coward,  
feeling your mercy in my success alone,  
But let me find the grasp of your hand in my failure.*

Rabindranath Tagore